

# SheVANA News

12/1/2016

## ***Random Thoughts in December***

OMG another year has almost passed by, thankfully another year clean in NA. Life is like a roll of toilet paper. The closer it gets to the end the quicker it seems to run out. Through the recovery process I have been

When I was in early recovery my father suddenly passed on. He was only 56 years old. With the help of a great support group, HP, sponsor and a lot of meetings I stayed clean



able to build some good relationships with much of my family, I have come to look forward to the holiday season. It is one of the few times each year we can get together. Distance seems to get in the way much of the time.

through the process, which was not easy. One of the positive results is that I appreciate every moment I get to spend with family and friends because...you never know? By An anonymous addict

*Newsletter would like any and all support. Please submit your articles, pictures, poems and just anything you would like to see in the Newsletter.*

Contact-

Annette D.

571-212-6827

[aday894@gmail.c](mailto:aday894@gmail.com)

[om](http://om)

Or

newsletter@shevana.org

## Announcements

\*Luther B. 7 years-Dec. 6 @ 7pm at Eyes to the Sky

\*Christopher J. 1 year-Dec. 12 @ 8:15 pm at New Freedom

\*Drew S., 1 year-Dec. 20 @ We Believe in Miracle

\*Joanne W. 2 years-Dec. 10 @ We Believe in Miracles

\*Holiday Dinner Dec. 17 @ 5:30 @ Market Street United Methodist

## Church

\*Holiday Marathon Meetings @ John Mann United Methodist Church, Dec. 24, 9pm through Dec. 25, 5pm.

\*Newsletter Subcommittee Mtg. 6pm, 1st Saturday of every month @ Winchester Hospital Cafeteria

\*Outreach Committee Meeting @ Throx Market the last Tuesday of the

month @ 5:45pm

\*H and I meets 1st Monday of the month at 7pm @ 303 S. Loudoun Street, Winchester

\* Womanless Beauty Contest on January 28 at Market Street UMC doors open at 6pm

## Regional Service Meeting in October

The 2 Day Regional event in Harrisonburg Va. on October 15th and 16th 2016. Saturday the 15th was the Workshop facilitated by the Delegate Team. In the morning it was round table discussion from the Issue discussion topics from our Regional Inventory done a couple of years ago. The topic was Group Support. The afternoon topic was welcoming all members. This was a good workshop as we interacted with other members brainstorming the solution to help further our primary purpose and to make addicts feel welcome in NA.

The 181st Regional Service conference was held on Sunday the 16th. I emailed the Chair and the Secretary the minutes, proposed budget for 2017 and motions that go back to groups. The Regional Subcommittees meet on the month that the Regional is not and are in need of support. I am asking that this Area give the RCM and Alt another \$50.00 to support the Subcommittees as they travel throughout the Region.

Car-na.org is our Regional website. Please check it out. In loving Service

Randy D. RCM Alt.