

# SHEVANA

# NEWSLETTER

FEBRUARY 2018

## "A WAY OF LIFE"

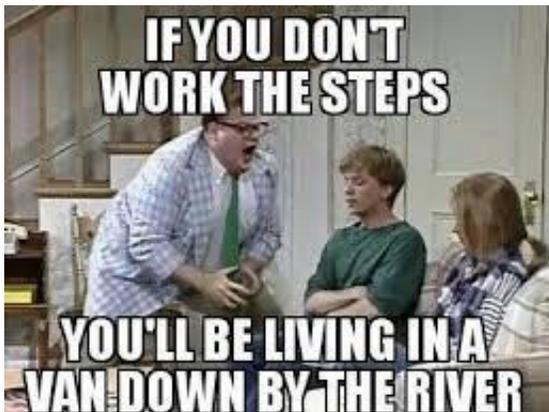
I am a recovering Addict in the Shevana area and I would like to share what I have been shown and learned. I thought there was only one way of life, the life I was destined to live, the life style of a using addict. I really felt like this is what I was to do in life, stay high or well. I knew no other way of life, jails, courts, probation and pain was my life for many years and I had become comfortable with this. I was introduced to the rooms in 2009 and did not surrender until 2012. I still had the lifestyle that was killing me, I could not let this go, I did not know how to live. So, I made the choice after many attempts to try and be a productive active user that always fell short of my goal, to live high.

I am part of a fellowship of NA that is more than just steps, sponsors, meetings. It's a way of life, a new way to live. This life I live today was so freely given to me and all I had to do was give myself a chance, I am so grateful I did.

My goal was to just stop using and I met that goal but along the way, I found a new way, a new way of life. NA offers so much more then meetings, sponsors and steps. It offers us a out, a life, friends, fellowship and a sense of belonging. Although none of this would be possible if I did not have a sponsor or attended meetings or worked the steps, the answer is in the steps, but you gain so much more when you accept the new way of life, your given a chance, a chance to live your life. Our messages is Hope and our promise is freedom from active addiction and I am very grateful for this fellowship it saved my life, well it gave me a life worth living. I'm not saying things are perfect and that I will not have learning days, (bad days) but it is so much better than the lie I was living.

The doors of NA are always open and I will never be barred but the program will only work if I work it and allow it to work in my life.

A grateful recovering addict.  
Stephen P



## THE SECOND CONCEPT for NA SERVICE

It's 9 o'clock on a Saturday and your home group has just ended. It was spectacular. But, now instead of going out to eat with everyone, you must attend your home group's monthly business meeting. At the meeting you spend what seems to you an inordinate amount of time discussing area service motions, regional service motions, whether your home group should donate any of its 7th Tradition money to the area.

If you've ever found yourself wondering why your home group does this, the answer lies within the 12 Concepts for NA Service, which was established to provide guiding principles for NA's Service Structure. The First Concept gives home groups the authority to create a service structure.

Within our area, that structure includes Area Service and its various subcommittees, Hospitals & Institutions (H&I), Public Relations (PR), Special Events, Newsletter, Outreach and Literature.

However, once created, the Second Concept states that, "The final responsibility and authority for NA services rests with NA home groups."

Let's look at both "responsibility" and "authority."

The home groups are responsible to ensure that the committees and subcommittees it creates have adequate guidance, human resources and financial resources to accomplish the purpose for which they were create.

The guidance comes from the group conscience of each home group. Without this guidance, the components of the service structure would not know what services were needed.

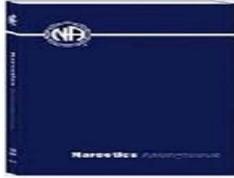
The human resources provided by the home groups include electing a GSR and sending him/her to Area Service so that the conscience of the home group can be heard. It also includes participating in the activities of the various subcommittees. Without human resources none of the services provided by the service structure could be performed.

The financial resources come from the home group's donations to area of a portion of its 7th Tradition money. Without these resources the various subcommittees could not perform the tasks delegated to them. This would mean no meeting lists would be printed, no webpage would be maintained, no literature would be available locally for groups to purchase, no newsletter to print and no fun events would be scheduled.

Since the home groups also have final authority, this means that the various components of the service structure should seek guidance from home groups before taking any significant actions. The process by which this usually occurs is through motions sent back to home groups for their consideration. It is through this process that the home group fulfills its duty to exercise final authority for NA services.

Hence, the time you spend at your home group's monthly business meeting is your way of ensuring that it exercises both its responsibility and authority.

Shevana Newsletter Subcommittee is looking for Artists; Writers; Poets; and people filled with imagination and creativity. Show your talents by reaching out to others and sharing your experience, strength and hope through the Shevana Newsletter



**SheVANA is celebrating 20 years of Service  
in the Valley!**

**March 31, 2018, beginning at 5pm at Braddock  
Street United Methodist Church, 115 Wolfe St,  
Winchester Virginia.**

**WE will be serving a spaghetti dinner, WE will have  
speakers from the formation of our Area, WE will  
also have a dance. This will be a night to  
remember. NO COVER CHARGE**

**Bring a newcomer. We will also have a 50/50 raffle  
and an Auction of NA memorabilia. Please mark  
this date so you can make history with us.**

**If you would like to help with this event or more information please feel  
free to reach out to Annette D (571)212-6827 also you can find more  
information on our website [shevana.org](http://shevana.org)**

There will be a  
50/50 raffle. Each  
ticket is \$5 or you  
can purchase 5  
tickets for \$20.  
Please contact  
Stephen P, Linda  
A, Annette D,  
Elisa D and Cori  
to purchase  
tickets

## Celebrations

2/17 Regional Service Conference @ Charlottesville  
from 11 to 3

2/17 Newsletter Subcommittee @ WMC from 5:30  
to 6:30

2/18 Bowling Day @ Northside Lanes from 11 to 3

2/18 Outreach Subcommittee @ Greenway Spirit &  
Word from 5 to 6

2/18 Page M celebrates 7 yrs @ NOANDA from 7 to  
8

2/23 Linda A celebrates 26 yrs @ New Chance  
Group from 7 to 8

2/25 Public Relations Subcommittee @ Main Street  
Daily Grind Front Royal from 5 to 6

3/4 Special Events Subcommittee @ Brewbakers  
Restaurant from 11 to 12:30

3/4 Literature Subcommittee @ Brewbakers  
Restaurant from 12 to 1

3/5 H & I @ 303 S. Loudoun Street from 7 to 8:30

3/10 Stephen P celebrates 6 yrs @ Mid-Day from  
12 to 1

3/12 Area Service @ Grace Community Church  
from 6:30 to 8:30